

ERASMUS+ KA1 Mobility Courses

Salamanca, Spain · 2026



Four intensive 5-day courses for youth workers, educators and NGO professionals

**AI & DIGITAL TOOLS | ESPAÑOL BÁSICO COLOQUIAL
| GREEN & SOFT SKILLS | WELLBEING & RESILIENCE**

On-site training in Salamanca

25 hours per course

Erasmus+ KA1 eligible

About the course

Four intensive 5-day courses for youth workers, educators and NGO professionals. Taught by international experts. Held in the heart of Salamanca — Europe's historic university city and the world capital of the Spanish language. Fully eligible for Erasmus+ KA1 mobility funding.

- AI & Digital Tools
- Español Básico Coloquial
- Green & Soft Skills
- Wellbeing & Resilience



FORMAT

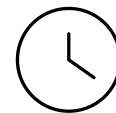
In-person



DURATION

5 days

25 hours per course



SCHEDULE

09:00 – 14:00
daily

12:00

Coffee break

14:30

Lunch



PRICE

From 450 €

(training only)

1,200 € full

package (training +
accommodation + meals +
cultural visits)



ACCOMMODATION

**Residencia
Bravo,
Salamanca**

(included in full package)



KA1

ELEGIBLE

Sí —
todos los cursos
publicados en
EPALE

Who **we** are

BB&R is an international consulting, research and training firm with over 15 years of experience operating in more than 35 countries. Born as a spin-off of the University of Salamanca, BB&R was founded to generate ventures that contribute to social improvement through knowledge, research and professional development.

We are experts in Youth & Education, Governance, Sustainability & Innovation, Gender, Migration, Electoral Consulting, Media and Data. Our actions reflect professionalism, global perspective and social commitment.

+ 15

years as an international consulting firm

+ 130

projects successfully executed

+ 135

countries across 5 continents

5

sector awards for excellence and innovation

ORIGIN

Spin-off de la Universidad de Salamanca

KEY CLIENTS

UNDP, IDB, USAID, EU Commission, Council of Europe, INJUVE, FEMP, Embassies, Governments, NGOs

RADIO


Conticinium — BB&R's radio programme on Radio USAL (89.0 FM), last Thursday of each month

Our **mission**

To offer real, effective and intelligent solutions to the problems faced by governments, institutions, organisations and individuals in our areas of specialisation.

Our **vision**

To be the global reference firm in the services we provide, through the pursuit of excellence and with an orientation towards results and people.



BB&R's training division designs and delivers Erasmus+ KA1 mobility courses for youth workers and educators, published on EPAL. Our courses combine international expertise, practical methodology and the unique cultural context of Salamanca, Spain.

Salamanca

Where your learning journey begins

Salamanca is not just the venue for your course. It is one of Europe's most remarkable university cities — a place where knowledge, history, culture and daily life blend seamlessly into an experience you will not find anywhere else.

The world capital of the Spanish language

Founded in 1218, the University of Salamanca is the oldest university in Spain and one of the oldest in the world. For centuries it has been the reference point for the Spanish language and its teaching. Today, Salamanca is internationally recognised as the destination to learn Spanish — making it the perfect backdrop for any professional development programme connected to European culture, language and cooperation.



A UNESCO World Heritage City

Salamanca's Old City was declared a UNESCO World Heritage Site in 1988. Walking through its streets is walking through history: the Plateresque facade of the University, the iconic Plaza Mayor (one of the most beautiful squares in Europe), the Old and New Cathedrals side by side, the Roman Bridge over the Tormes river, and the golden sandstone buildings that give the city its nickname 'La Dorada'.

A living, breathing university city

With over 30,000 students and a permanent international community, Salamanca has an energy and vitality that makes professional development feel natural and enjoyable. Cafés, cultural spaces, restaurants and an active civic life make every evening after the course a continuation of the learning experience.



Why Salamanca makes the difference for Erasmus+ participants

- 1 Cultural richness**
Every street and square tells a story — ideal for intercultural learning and reflection.
- 2 Safe, walkable and compact**
Everything is within walking distance.
- 3 International atmosphere:**
A diverse community creates natural networking opportunities.
- 4 World-class Spanish immersion**
Daily contact with Spanish culture adds a powerful learning layer even for non-language courses.
- 5 Excellent infrastructure**
Comfortable accommodation, diverse gastronomy and well-connected transport links.

Your daily experience	
09:00 – 12:00	Morning session — First training block (3 hours)
12:30 – 14:00	Coffee break — Networking and informal exchange
14:30	Morning session — Second training block (1.5 hours)
Afternoon / Evening	Free time — Explore Salamanca, network, enjoy the city

Our 2026 courses — at a glance

All dates run Monday to Friday, 09:00–14:00. Additional editions available in September, October and November 2026 — see individual course pages for full date listings.

BB&R 01

AI and Digital Tools

Intended for: Youth workers, educators, NGO staff

Master AI tools and guide young people into the digital future.

6-10 Jul · 7-11 Sep · 19-23 Oct

BB&R 02

Español Básico Coloquial

Intended for: International professionals, youth workers

Learn real, everyday Spanish - immersed in the language's historic home.

6-10 Jul · 7-11 Sep · 19-23 Oct

BB&R 03

Green & Soft Skills

Intended for: Youth workers, educators, NGO staff

Equip young people with the competences the future demands.

6-10 Jul · 7-11 Sep · 19-23 Oct

BB&R 04

Wellbeing & Resilience

Intended for: Teachers, educators, youth workers

Invest in yourself. Lead from a place of strength.

6-10 Jul · 7-11 Sep · 19-23 Oct

Training only: 450 EUR · Full package: 1,200 EUR/breaks.

Full package includes training, accommodation at Residencia Bravo, meals, cultural visits and breaks.



BB&R 01 | Flagship course

AI and Digital Tools for Youth Workers

Inteligencia Artificial y Herramientas Digitales para el trabajo con Jóvenes

“Master AI tools and guide young people into the digital future.”



DATES 2026

6 /10 Jul - 11 Sep - 19/23 Oct

LANGUAGE

English

LEVEL

Basic - Intermediate (no prior AI knowledge required)

TARGET AUDIENCE

Youth workers, educators, social workers, NGO staff, youth project coordinators

Introduction

The development of artificial intelligence is reshaping the daily lives of young people, their educational opportunities and their professional futures. This course is designed for youth professionals who want to understand the impact of AI, use generative AI tools in their practice and guide young people towards a critical, ethical and creative use of these technologies. No technical background is required.

Learning outcomes

- Understand how AI works and its impact on the educational and youth context.
- Use generative AI tools (ChatGPT, Claude, Gemini, NotebookLM, Canva AI) in youth work.
- Apply prompt engineering to create materials, activities and educational resources.
- Incorporate a critical, ethical and responsible approach to AI use with young people.
- Design workshops to introduce AI to young people safely and creatively.

Core practical information

SCHEDULE

09:00 – 14:00

Coffee break: 12:00 | Lunch: 14:30

FORMAT

In-person - Salamanca, Spain

DURATION

5 days / 25 hours

LOCATION

BB&R - Gran Via 59-61, Piso 1, Oficina 2,

ACCOMMODATION

Residencia Bravo (included in full package)

PRICE

450 EUR training only · 1,200 EUR full package

Methodology

100% practical and participatory.

Participants work directly with AI tools from day one, producing real materials for their professional context.

Experimentation is combined with critical reflection and ethical debate.

Teaching team

Nalia - Day 1

European framework on AI · EU AI Act · Integration in youth work

Specialist in European framework, SDGs and youth policies

Julio - Day 2

Youth projects and AI · Prompt engineering · Case studies

Expert in public policy design, territorial analysis and entrepreneurship

Eduardo - Day 3

AI for communication · Storytelling · Content for youth audiences

Consultant in organisational communication and narrative for the third sector.

Milagros - Day 4

AI in team management · Collaboration tools · Digital workflows

Specialist in leadership, team management and group dynamics.

Alfredo - Day 5

Measuring AI impact · Evaluation frameworks · Ethical reporting

Expert in social impact evaluation and accountability in European projects

BB&R 02 | New | Unique on EPALE

Español Básico Coloquial

Conversational Spanish for International Professionals

“Learn real, everyday Spanish — immersed in the language’s historic home.”



DATES 2026

13/17 Jul - 14/18 Sep - 26/30 Oct

LANGUAGE

Español / English (bilingual)

LEVEL

A1 - A2 (no prior Spanish required)

TARGET AUDIENCE

Youth workers, educators, NGO staff, social workers and project coordinators in multilingual environments

Introduction

Spanish is the world’s second most spoken language — and Salamanca is its historic capital. This course is designed for international professionals who want to communicate in everyday Spanish with confidence: greetings, social interactions, informal meetings and the conversational Spanish you actually need when living and working in a Spanish-speaking environment.

Learning outcomes

- Introduce yourself and hold basic conversations in Spanish in social and professional contexts.
- Understand and use everyday vocabulary for daily life, work and social situations.
- Navigate real-life situations: introductions, directions, restaurants, transport and informal meetings.
- Develop listening comprehension for colloquial and informal Spanish speech.
- Build confidence to communicate spontaneously in Spanish from day one.

Core practical information

SCHEDULE

09:00 – 14:00

Coffee break: 12:00 | Lunch: 14:30

FORMAT

In-person - Salamanca, Spain

DURATION

5 days / 25 hours

LOCATION

BB&R - Gran Via 59-61, Piso 1, Oficina 2

ACCOMMODATION

Residencia Bravo (included in full package)

PRICE

450 EUR training only · 1,200 EUR full package

Methodology

Communicative and immersive approach. Each day focuses on a real-life context, combining role-play, games, outdoor activities in Salamanca and spontaneous conversation practice. Fun, energetic and 100% practical from the very first session. Salamanca itself is your classroom.

Teaching team

Tatiana - Days 1 & 5

Primeros pasos · Fonética · Inmersión final y conversación libre

Specialist in Spanish language, communicative teaching and Hispanic culture.

Julio - Day 2

City life · Daily vocabulary · Moving around Salamanca

Expert in public policy design, territorial analysis and entrepreneurship.

Eduardo - Day 3

Social conversations · Expressing opinions · Informal professional interactions

Consultant in organisational communication and narrative.

Milagros - Day 4

Spanish culture · Colloquial expressions · Language in context

Specialist in group dynamics and collaborative culture.

BB&R 03

Green & Soft Skills for Youth Work

Competencias Verdes y Blandas para el Trabajo con Jóvenes

“Equip young people with the competences the future demands.”



DATES 2026

20/24 Jul - 21/25 Sep - 16/20 Nov

LANGUAGE

English

LEVEL

Basic - Intermediate

TARGET AUDIENCE

Youth workers, educators, social workers, NGO staff, youth coordinators

Introduction

In a rapidly changing world, soft skills and green skills have become fundamental assets for youth employability and active citizenship. This course provides youth work professionals with methodological and practical tools to integrate the development of these competences into their programmes using GreenComp, EntreComp and DigComp frameworks.

Learning outcomes

- Apply non-formal education methodologies for soft skills development in young people.
- Use GreenComp, EntreComp and DigComp as working frameworks in youth programmes.
- Design green-oriented activities and workshops for diverse youth audiences.
- Integrate environmental sustainability into youth project planning.
- Evaluate competence development in non-formal learning contexts.

Core practical information

SCHEDULE

09:00 – 14:00

Coffee break: 12:00 | Lunch: 14:30

FORMAT

In-person - Salamanca, Spain

DURATION

5 days / 25 hours

LOCATION

BB&R - Gran Via 59-61, Piso 1, Oficina 2,

ACCOMMODATION

Residencia Bravo (included in full package)

PRICE

450 EUR training only · 1,200 EUR full package

Methodology

Experiential and participatory learning, including outdoor dynamics in Salamanca, co-creation workshops, real case analysis and service-learning methodologies. Participants design their own activities during the course and test them with the group.

Teaching team

Nalia - Day 1

European framework on green skills · GreenComp overview · EU Green Deal

Specialist in European framework, SDGs and youth policies

Julio - Day 2

Practical green projects · Carbon footprint · Circular economy tools

Expert in public policy design, territorial analysis and entrepreneurship

Eduardo - Day 3

Communicating sustainability · Storytelling for green causes · Social media

Consultant in organisational communication and narrative for the third sector

Milagros - Day 4

Soft skills in team management · Conflict resolution · Collaborative leadership

Specialist in leadership, team management and group dynamics

Alfredo - Day 5

Measuring green impact · Environmental KPIs · EU sustainability reporting

Expert in social impact evaluation and accountability in European projects

BB&R 04 | New

Wellbeing & Resilience for Educators

Bienestar y Resiliencia para Educadores y Trabajadores de Juventud

“Invest in yourself. Lead from a place of strength.”



DATES 2026

27/31 Jul - 17/21 Aug - 9/13 Nov

LANGUAGE

English

LEVEL

Basic - Intermediate

TARGET AUDIENCE

Teachers, educators, youth workers, social workers, school counsellors, NGO staff

Introduction

Burnout and chronic stress are among the most pressing challenges facing educators and youth workers in Europe today. This course offers evidence-based tools and practices to support personal wellbeing, professional resilience and sustainable working routines. Grounded in positive psychology, mindfulness and systemic approaches.

Learning outcomes

- Identify personal stress patterns and apply evidence-based self-care strategies.
- Apply mindfulness and somatic awareness techniques in professional settings.
- Develop a personal resilience plan adapted to your professional context.
- Design wellbeing-focused initiatives for your team and organisation.
- Use positive psychology tools to foster a sustainable work culture.

Core practical information

SCHEDULE

09:00 – 14:00

Coffee break: 12:00 | Lunch: 14:30

FORMAT

In-person - Salamanca, Spain

DURATION

5 days / 25 hours

LOCATION

BB&R - Gran Via 59-61, Piso 1, Oficina 2,

ACCOMMODATION

Residencia Bravo (included in full package)

PRICE

450 EUR training only · 1,200 EUR full package

Methodology

Experiential, reflective and participatory. Combines mindfulness practice, group reflection, individual journaling, peer coaching and real-case discussions. The calm environment of Salamanca is actively integrated into the programme. Participants leave with a personal wellbeing action plan.

Teaching team

Nalia - Day 1

European frameworks on wellbeing · WHO and EU mental health strategies

Specialist in European framework, SDGs and youth policies

Julio - Day 2

Building personal resilience · Evidence-based self-care · Work-life balance

Expert in public policy design, territorial analysis and entrepreneurship

Eduardo - Day 3

Communicating wellbeing needs · Assertiveness · Emotional boundaries

Consultant in organisational communication and narrative for the third sector

Milagros - Day 4

Wellbeing in team management ·

Psychological safety · Healthy team culture

Specialist in leadership, team management and group dynamics

Alfredo - Day 5

Measuring wellbeing impact · KPIs for healthy organisations · Reporting

Expert in social impact evaluation and accountability in European projects

How to join our courses

Our courses are eligible for 100% funding through the Erasmus+ KA1 programme (educational staff mobility). If your organisation holds an active KA1 grant (KA121 or KA122) or an Erasmus+ accreditation, you can fund participation using those funds.

Sesión 1

- Verify that your organisation has active KA1 funds or an Erasmus+ accreditation

Sesión 2

- Choose the course that best fits your training plan and Erasmus+ project objectives

Sesión 3

- Contact BB&R with your organisation details, participant info and KA1 reference

Sesión 4

- Sign the Learning Agreement — BB&R prepares the draft and sends it for your signature

Sesión 5

- Prepare the mobility: book travel and accommodation (or opt for the full package)

Sesión 6

- Complete the course in Salamanca — receive your Europass Mobility Certificate

Sesión 7

- Report the training to your National Agency using the documentation provided by BB&R



What BB&R provides for your reporting

Europass Mobility Certificate (recognised by all European National Agencies)

BB&R Certificate of Attendance with full course details and learning outcomes

Signed Learning Agreement

Detailed course programme)

Trainer's follow-up report

Official itemised invoice (training / accommodation / subsistence breakdown)

Not sure which course fits your organisation?

Contact us — we have years of experience working with Erasmus+ coordinators and will help you find the right match.

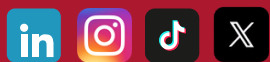
Contact us

Our team is available to support you throughout the registration and mobility process. Do not hesitate to reach out.

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Office 2 · Salamanca, Spain



www.bbyr.com

